



MENU HOURS

Mon-Fri 7.30am - 2pm

Sat 8.30am - 2pm

Sun 9am - 1.30pm

AFTER 11:00 ELEVEN

Soup-a-go-go - see staff for today's flavour	15.50
Pasta Blasta - see staff for today's flavour	18.50
Mexi Madness - Crunchy corn chips with homemade spicy beans, melty cheese, salsa and sour cream	14.50
Add Chicken	+9.50
Tell a Porky - Slow cooked pulled pork, fresh tomato, crunchy slaw and house-made garlic aioli stacked inside a toasted bagel	16.50
Chaos Kofta - Middle Eastern lamb rolls with crisp salad, feta, hummus and zesty tzatziki on a crisp pita. Finished with dukkah	20.50
Seize a Caesar - Classic favourite with crisp cos lettuce, bacon, parmesan, croutons and a poached egg, finished with an anchovy dressing	15.50
Add Chicken	+9.50

Please note these meals are only available after 11am

BANGIN' BURRITO



16.50

Chaos chilli beans, poached egg, guacamole, grilled corn, chunky salsa and sour cream, all served alongside two burritos. Dip, mix, wrap, however you like it!

ADD	DF available
F/R Streaky Bacon	+7.50
F/R Egg	+2.50

Magical muesli

DF available 12.50

World famous honey and cinnamon toasted fruit and nut muesli, with kiwifruit, banana and blueberries. Served with greek yoghurt and milk*.

With coconut yoghurt +1.50
*Soy/coconut/almond milk +0.50

Build a BREAKFAST

DF V GF available

Free range eggs on toast 9.50

ADD	
\$4.50 each Mushrooms Roasted Tomatoes Wilted Spinach Spicy Beans Avocado	\$5.50 each Sausages Potato Latkes
	\$7.50 Free-range Bacon
\$1.50 Hollandaise	\$9.50 Salmon fillet

Holy Oats



13.50

DF V available

A bowl of creamy oats finished with poached boysenberries, stewed apple and crunchy toffee almonds. Served with milk* or cream. What a way to start the day!

*Soy/coconut/almond milk +0.50

Green machine

DF V GF

12.50

A green smoothie of blended banana, avocado, pear and cashew.

BENEDICT

cumberbatch

Two free range poached eggs on a crisp bap with homemade hollandaise

WITH A CHOICE OF	GF available
F/R Streaky Bacon	17.50
Salmon Fillet	19.50
Wilted Spinach	15.50

eggs SHASHUKA



15.50

DF GF available

Middle Eastern baked eggs in a smoky, spicy sauce. Finished with crunchy bruschetta, feta, coriander and dukkah.

magic MUSHIES



15.50

GF available

Couldn't take these off the menu! Creamy balsamic mushrooms lovingly served in a toasted ciabatta bun.

With bacon 23.00

Bagelicious



A deliciously crunchy toasted bagel

DF GF available

WITH A CHOICE OF	DF GF available
Bacon, avocado, tomato & aioli ..	14.50
Blueberry jam & cream cheese....	9.50
Nut butter & fresh fruit	9.50

Primo PANCAKES



19.50

Always a favourite, bacon and banana pancakes with mixed berry compote, chai scented mascapone and maple syrup.

the proofs in the PUDDING

DF V available

14.50

Poached rhubarb, pear and raspberry crumbled with a crunchy oat and nut topping. Served with greek yoghurt* or runny cream.

*Coconut yoghurt +0.50

TOAST WITH THE MOST

V GF available

14.50

Two slices of crunchy grain with pumpkin hummus, smashed avocado, sliced tomato and haloumi. Finished with rich balsamic tar.

With free-range egg 17.00

MUMBAI MADNESS



19.50 DF V GF available

Tofu scrambled together with a perfect blend of Indian spices, cauliflower and lentils. Finished with kasundi and chopped coriander.

BREAK-XIT



16.50

DF GF available

Can't make a decision? A breakfast kedgeree with smoked salmon, lightly spiced rice, poached eggs, coriander and finished with zesty yoghurt.

OMELETTE

DF GF available

3 egg omelette 17.50

CHOICE OF 4 FILLINGS	
Tomato Spinach Mushrooms	Feta Onion Bacon OR Salmon
Served with hollandaise	
*all omelettes have cheese unless specified	



DAIRY FREE, VEGAN OR LOW GLUTEN OPTION AVAILABLE
GLUTEN FREE +1.50

YOUR DIETARY REQUIREMENTS ARE YOUR RESPONSIBILITY. PLEASE ADVISE THE STAFF OF ANY WHEN ORDERING.
WE CANNOT GUARANTEE OUR FOOD IS COMPLETELY FREE FROM ALLERGENS.
WHEN BUSY, SUBSTITUTIONS MAY NOT ALWAYS BE POSSIBLE.